



# SACRED SOLSTICE PILGRIMAGE

A JOURNEY OF INDIGENOUS ELDERS AND CONSCIOUS LEADERS



CUSCO, PERU to ISLAND OF THE SUN, BOLIVIA

JUNE 12-23, 2016



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## LEADERSHIP OPPORTUNITY

Join us this June for the Sacred Solstice Pilgrimage, a journey of indigenous wisdom-keepers and conscious leaders who dedicate their skills and passions to a higher cause. **Bridging alliances** has shown to be a key ingredient for restoring Earth and Community- and this is the central intention for this experience. We invite inspired individuals far and wide to join us as we migrate from the sacred centers of Cusco, Peru to the crystal waters of Lake Titikaka on Island of the Sun, Bolivia to greet Father Sun on his Solstice day. Throughout these 11 days, we will connect intimately with key Andean wisdom-keepers and lesser known sacred sites to deepen our medicine paths, share our unique projects, and strengthen relationships to reinforce common vision and mission. By engaging in ceremony, sharing circles, healthy life-style, and ancestral teachings each step of the way, this pilgrimage aims to unite Elder's and passionate individuals of the present generation to carry timeless wisdom forth as modern global solutions.



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## CONTRIBUTION:

**\$1,300 USD**

**\*FOR EVERY FRIEND YOU BRING ALONG, WE WILL OFFER \$100 OFF YOUR TUITION!**

A **non-refundable deposit of \$500 USD** is required after your application is accepted. This ensures the holding of your space in the group. This can be made through paypal on the [reviveolution.net](http://reviveolution.net) website.

## WHAT'S INCLUDED?

- loving contributions to our elders
- all accommodations: simple and comfortable
- all ground (and boat) transportation from the morning of June 12th in Cusco, Peru to the morning of the 23rd in Copacabana, Bolivia
- all meals: fresh, healthy, vibrant
- minimum of 3 Andean fire ceremonies and all necessary ceremonial items
- coca initiation
- SoundBath immersion
- teachings from our elders
- visits to lesser known sacred sites in Cusco, Raqchi, Chicuito, and Island of the Sun
- tips for services along the way
- smooth and graceful coordination of your journey by your coordinadora

## WHAT'S NOT INCLUDED

- international airfare from your home to Lima
- national airfare from Lima to Cusco
- purified water on the journey
- personal weaving purchases
- personal coca readings
- the cost of your Bolivian visa (currently \$160 USD for U.S. citizens)



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## INTENTION

We will be spending intimate time with Elder Juan Gabriel Apaza Lonasco of the Q'ero Nation, Maestra Martina Mamani of the Quechua Nation of Raqchi, and Maestro Roger Choque of the Aymara Nation of Island of the Sun, Bolivia. Together we have prepared this journey as a transformational experience for all those willing to step into a higher space of wisdom and presence to carry into their life callings. We consider this journey as a stepping stone towards coordinating an International Gathering of Tribal Nations in Peru— with strong presence of passionate leaders. This is a direct honor we have been bestowed with in ceremony, and we want to invite inspired individuals like you to take part in co-creating this great mission. Throughout the journey we will each have ample time and space to share our unique goals, passions, and skills in order to strengthen alliances. Our elders will share their personal visions and projects, and give us insight into the current state of these international gatherings. Through this intimate connection, we hope to discover how we may step up to assist our elders in creating stronger alliances, and bridging ancestral wisdom to the present generation in a tangible way. Together we will sculpt cross-cultural and cross-generational collaboration to fulfill a collective vision- and walk away as empowered individuals rejuvenated in our personal paths.



## SCHEDULE OVERVIEW

**This is a general schedule and may be subject to change.**

### **JUNE 12/ Day 1**

- 9 am pick up in our meeting place in URUBAMBA, SACRED VALLEY
- hotel integration
- coca initiation ceremony

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- welcome feast
  - intentional circle around the fire

**JUNE 13/ Day 2**

- Blessing the land/permission fire ceremony with Q'ero elders

**JUNE 14/ Day 3**

- intentional integration morning
- Travel to Raqchi in the afternoon

**JUNE 15/ Day 4**

- Teachings of the "illas" Andean mesa
- Visit Raqchi temple
- intentional circle

**JUNE 16/ Day 5**

- Ceremony offering at Apu Awkisa

**JUNE 17/ Day 6**

- Travel to Chicuito
- intentional circle

**JUNE 18/ Day 7**

- Integration day
- intentional circle

**JUNE 19/ Day 8**

- Visit to Amaru Muru gateway for permission
- Travel to Island of the Sun, Bolivia
- intentional circle

**JUNE 20/ Day 9**

- Island integration day
- Visit surprise location

**JUNE 21/ Day 10**

- Early morning Solstice Sunrise Ceremony

**JUNE 22/ Day 11**

- Visit to the sacred lands
- Traditional Aptapi Feast
- intentional circle

**JUNE 23/ Day 12**

- Closing circle
- Return to Copacabana, Bolivia for our final departure point



**WE WILL SEND YOU THE FINAL SCHEDULE AND MEET UP DETAILS A FEW WEEKS BEFORE THE JOURNEY BEGINS.**

## PLEASE NOTE:

Our JOURNEY ENDS in COPACOBANA, BOLIVIA. If you plan to fly out of Cusco, please give room for two days after. Meaning, plan to fly out on the 25th at earliest so there are no delays (which is common here.) You may also decide to travel elsewhere from Bolivia. We will cover the boat ride from the island back to Copacabana. After this point, you will cover the transportation to your destination of choice.

## WHAT to BRING

- Reusable water container
- Flashlight
- Notebook and pen
- Sacred items
- Organic shampoo and soap (please respect nature)
- Sun hat
- Organic sunscreen (if needed— the sun is very strong here)
- Rainproof jacket (We recommend a **tri-climate** jacket to suit the highly variable weather)
- Comfortable hiking shoes (already broken in!)
- Day pack
- A friend!

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## INDIGENOUS CEREMONY

Andean ceremonial traditions range far and wide depending on which community one comes from. Even within one's own community, the wisdom carried is often specific to the family line. We will be introduced into various lineages of Andean ceremonial work throughout the journey. The base of this work will be through "haywayrikuy" ceremony.. aka "despacho." This is an offering of coca, seeds, grains, sweets, and sacred elements given to the fire in honor of Pachamamama (Mother Earth) and the Apus (mountain deities.) Each specific despacho- though look similar in form- hold a multitude of variations within these elements that dedicate it to its specific intention— you will see these subtleties with each wisdom-keeper. We will also be initiated into the Coca tradition, working with mapacho, wine and cane alcohol for the spirits, as well as teachings of the Andean mesa.

## EXTRAS

Coca leaf readings are an Andean divination process in which one may ask specific questions to the maestro (a) and the Coca spirit to receive guidance and insights in life. This opportunity will be available for an additional donation.



Hand-made fair trade gorgeous weavings will be available throughout the retreat. We are honored to support fair trade practices to directly support indigenous women and their families receive just exchange for their time and creativity. All weaving purchases are an additional cost.



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## MEET YOUR WISDOM-KEEPERS



### **ELDER JUAN GABRIEL APAZA LONASCO OF THE Q'ERO NATION**

Juan Gabriel Apaza Lonasco is a respected wisdom-keeper of the Q'ero Nation of Peru. Known as the last living descendants of the Inka bloodline, and the guardians of the Coca wisdom. The Q'ero still follow the ancient traditions of their ancestors by paying homage to the Mother Earth (Pachamama) and the Apus (mountain guardians) through traditional "saminchay" fire ceremonies. Juan Gabriel dedicates his life to sharing ancestral wisdom and traditional ceremony to heal at all levels. This passion has guided him to travel internationally for more than 20 years, engaging with indigenous leaders around the world. His dream is to build the Tawantinsuyo Eco-Temple in Peru to encourage indigenous coalitions at a global level.



### **MAESTRA MARTINA MAMANI OF THE QUECHUA NATION: RAQCHI**

Maestra Martina Mamani is the direct lineage of guardians of the Temple of Raqchi. Up until the year 2000, her and her relatives actually inhabited the temple, until the state declared her home a sacred site. Now, she continues to honor and guard this land and its Apus with constant visits, prayers, and ceremonies. She is a treasure herself due to her openness in sharing Andean traditions of the "mesa" and "illas," as it is her belief that the wisdom is not hers, but of Spirit. Step by step, she has converted her new home into a sacred temple called Centro de Sanación Siwar Qoyllur (Hummingbird Healing Center) in Raqchi. She invites people of all walks of the world to join in ceremony and healing to *live* the mission of sharing ancestral wisdom.



### **MAESTRO ROGER CHOQUE OF THE AYMARA NATION: ISLAND OF THE SUN**

Roger Choque was born on the Island of the Sun, Bolivia in the Community of Ch'alla. He has received wisdom of the Spiritual Path, since birth; His mother said, "wait for the Sun to rise, and you were born with the Sun". Healing with all medicines, the community recognized him as a "Grandfather", and he received the healing name Wiñay Qullana Kunduri. The community of Ch'alla in Island of the Sun recognizes him as a healer and leader. He began

sharing his spiritual wisdom with the world after meeting Don Alejandro Cirilo Perez Oxlaj, grand elder of the living Maya, and accompanying him to the Tiwanaku solstice ceremony in 2006.



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## STEPS TO APPLY

- 1.) Fill out the registration form found by clicking the APPLY button on the right sidebar or bottom of the Sacred Solstice Pilgrimage Retreat page on <http://reviveolution.net/reviveolution/sacred-solstice-pilgrimage-peru-2016/>
- 2.) Receive a personal acceptance letter.
- 3.) Pay your \$500 non-refundable deposit to reserve your spot.
- 4.) **Receive confirmation that the retreat has filled its minimum occupancy, and proceed with your flight arrangements.**

## Payment

Upon the acceptance letter of your application, pay your \$500 non-refundable deposit online through PayPal. You will bring the remaining portion of your contribution to Peru in cash on the morning of June 12th. **PLEASE BE SURE THAT YOU BRING FRESH BILLS WITH NO TINY RIPS.** We are unable to use these in Peru, and you will be required to ensure your full payment is given to us on the first day. *This is a good tip to remember for your own personal spending as well.* **Fresh bills.**



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## PLEASE NOTE:

THIS RETREAT REQUIRES A MINIMUM OF 10 PARTICIPANTS. WE RESERVE THE RIGHT TO CANCEL THIS RETREAT IF THIS REQUIREMENT IS NOT MET. We will inform you by May 12th.

## REFUND POLICY

To hold your place, a **\$500 non-refundable deposit** is required at registration. **If you use paypal, there will be a 2.9\$ merchant fee added for international transaction.** The other option is sending a cashier's check to our Louisiana office.

If you decide to cancel your trip, we will be unable to refund your deposit. We do sometimes make exceptions in extreme circumstances, as all situations are cared for on a case-by-case basis. If for some reason you cancel— you may be regain your deposit by filling your spot with another person. **IF WE CANCEL THE RETREAT DUE TO LACK OF FULL OCCUPANCY- WE WILL RETURN YOUR DEPOSIT.**

## DISCOUNTS AND SCHOLARSHIPS

Depending on our headcount— some partial scholarships may be available for those in true need. Please set up your interview by emailing [Reviveolution.net@gmail.com](mailto:Reviveolution.net@gmail.com). Local scholarships are open to Peruvian locals, residents, and individuals of developing countries.



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## PLANES AND TRANSPORTATION

**PLEASE DO NOT BUY YOUR PLANE TICKETS UNTIL WE CONFIRM WITH YOU DIRECTLY THAT WE HAVE MET THE MINIMUM REQUIREMENTS OF OCCUPANCY FOR THIS RETREAT.** We will let you know by email no later than MAY 12th to give you ample time for good air fare prices.

**Your international and national flights are *not* included in this journey.**

Reviveolution will begin covering your ground transportation at 9am June 12th when we pick you up in URUBAMBA, Sacred Valley to bring everyone to our hotel. We will end our journey on June 23rd in Copacabana, Bolivia. From here you may decide to cover your ride back to Cusco, or continue your journey in new places. Again, please note, if you plan to fly out of Cusco, it is best to make return flights no earlier than June 25th in case of common transport delays.

**You should plan for your plane to arrive in Cusco no later than the morning of June 11th.** There are no direct international flights that fly into Cusco. Your first, international, flight will arrive in Lima. Then you must buy a second, national, flight to Cusco- which is one hour long. (Or you may opt to ride a 24 hour bus from Lima to Cusco- we recommend Cruz Del Sur in this case.)

**Once in Cusco- you will take a taxi to Puente Grau (also known as Calle Pavitos) to ride in a “collectivo” (shared van or car) to URUBAMBA for 6-7 soles.** Please make sure you inform the driver you want to get off in Urubamba, as some of the vans continue on to another town afterwards.



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## Staying before or after

We recommend you have a day or more on the front and back side of the formal itinerary to acclimate, integrate, and see both the Sacred Valley/Cusco. You are free to make your own reservations- If you stay in Cusco we recommend Hostal Goya Andina. In Urubamba we recommend Ccatan Hostal. If you decide to visit Písaq we recommend Hospedaje Inti. If you decide to visit Ollantaytambo we recommend Munay Punku B&B. The above accommodations are comfortable yet economic- you are welcome to choose others according to your preference. PLEASE PLAN YOUR TIME WELL TO ARRIVE ON TIME TO OUR MEETING LOCATION IN URUBAMBA ON THE 12th AT 9AM. We For assistance call Caroline 974709644.

## Medications and vaccines

It is important that you share in your registration form any type of medications you are currently taking. You will be in high altitudes. Some medications may be affected by this. Additionally, if you partake in medicine ceremonies in Peru on your personal time— this can be highly contraindicated and put you at risk.

For the Sacred Valley, no vaccines are required. There are no reported cases on dengue, yellow fever, malaria, Zika. If you plan to go to the jungle during your trip, most areas are also free of risk. All people are free to make their own choices. Please inform us if you decide to get vaccines.

**Please send all questions and registration information to [REVIVEOLUTION.NET@gmail.com](mailto:REVIVEOLUTION.NET@gmail.com)**

**For needs while in Peru, Call: (084) 974709644**

**For questions while in the U.S, call: 910 587 5502**

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## MEET YOUR COORDINADORA

(your coordinator for this journey)



### **CAROLINE PUTNAM**

Carolina is the founder and director of the Reviveolution-- and your coordinator for this journey. Her close interaction with Q'ero members and various tribal nations inspired her commitment to empower indigenous coalitions and traditions to expand in the heart of modern culture. With a degree in Cultural Anthropology from the University of Texas, complimented by various life passions, she continues to nourish the Reviveolution dream to revivify our planet through integrating modern solutions with traditional wise-ways. She lives full-time in the Sacred Valley of Peru and works closely with elder Juan Gabriel, whom together may be spotted traveling the world spreading the indigenous message and sharing ancestral tradition. When not on a mission, you may find her gardening, drinking tea, creating art and gettin' down to some soulful music.